



# ALL-HAZARDS EMERGENCY PREPAREDNESS CHECKLIST



## Before an Emergency

### Basic Survival Supplies

- 1 gallon of water per person per day for 3–7 days (include pets)
- 3–7 day supply of non-perishable food (ready-to-eat cans, protein bars, dried fruit)
- Manual can opener
- First aid kit: bandages, antiseptic wipes, adhesive tape, tweezers, scissors, thermometer, burn cream
- Prescription medications & medical equipment (in waterproof bag)
- Battery-powered or hand-crank radio (NOAA Weather Radio recommended)
- Flashlights, lanterns & extra batteries
- Power banks and/or portable generator with safe fuel storage
- Multipurpose tool or basic toolkit
- Personal hygiene items: soap, toothbrush, toothpaste, feminine products, wipes, sanitizer
- Masks (cloth or N95) and gloves
- Extra clothing, sturdy shoes, blankets, sleeping bags
- Waterproof/fireproof container for important documents: ID, passports, insurance, deeds, medical records
- Emergency cash in small bills
- Printed contact list with local & out-of-area numbers
- Local maps with evacuation routes & shelters marked
- Pet food, leashes, carriers, vaccination records
- Spare keys for home and vehicles
- Fire extinguisher
- Whistle or signaling device

### Home & Workplace Preparations

- Anchor heavy furniture/appliances to walls
- Install & test smoke and carbon monoxide detectors monthly
- Backup critical work files offsite or in cloud storage
- Review and rehearse your emergency plan with household/staff
- Assign roles and responsibilities for emergencies
- Maintain “go bags” for each person
- Keep vehicle fuel tanks at least half full
- Store extra fuel in approved containers away from living areas
- Check insurance for flood, wind, and fire coverage
- Clear drains, gutters & downspouts regularly

## During an Emergency

- Monitor official alerts on NOAA radio or trusted apps
- Follow evacuation orders immediately
- Conserve phone battery—limit to essential use
- Avoid candles unless necessary (fire hazard)
- Stay indoors & away from windows if sheltering in place
- Keep pets inside or in carriers

## After an Emergency

- Wait for “all clear” before re-entering buildings
- Document all damage with photos before repairs
- Contact insurance provider promptly
- Discard spoiled or contaminated food/water
- Avoid downed power lines & flooded areas
- Check on all family/staff & update emergency contacts
- Access relief services from local disaster agencies