

>>> ONE-Fit® N95 Molded Cup (NBW95/NBW95V)

How to Don and Fit Check Your Sperian® Filtering Facepiece Respirator

How to Don the Respirator

Follow these instructions each time respirator is worn.



STEP 1

Cup the respirator in the hand, allowing the head straps to hang freely.



STEP 2

Hold the respirator under the chin with the nosepiece facing outwards.



STEP 3

Place the lower head strap around the neck below the ears.



STEP 4A

Holding the respirator against the face with one hand, place the top head strap above the ears, around the crown of the head.



STEP 4B



STEP 5

Place hands on each side of the respirator and move slightly right, left, up and down, to adjust the position of the respirator and achieve the most optimal fit on the face.

Perform a fit check before using the respirator.

Fit Check the Face-Seal as Follows:

- Place both hands over the respirator – **DO NOT** disturb the position of the respirator;
- If the respirator is not fitted with an exhalation valve, exhale sharply (a positive pressure should be felt inside the respirator).
- If the respirator is fitted with an exhalation valve, inhale sharply (a negative pressure should be felt inside the respirator).
- If you detect air-leaks, readjust the head straps and/or the position.

WARNING: If you cannot achieve satisfactory fit, **DO NOT** enter the contaminated area. See your Supervisor.

Use Limitations:

1. **DO NOT** use the respirator or enter or stay in a contaminated area under the following circumstances:
 - Atmosphere contains less than 19.5% oxygen
 - Atmosphere contains oil aerosols if using N protection class respirator
 - For protection against gases or vapors
 - Contaminants or their concentrations are unknown or immediately dangerous to life or health
 - Concentrations or contaminants exceed maximum use concentrations in applicable OSHA standards or applicable government regulations or 10 times the PEL (Permissible Exposure Limit), whichever is lower
 - For sandblasting, paint-spray operations, asbestos
2. **DO NOT** modify or misuse the respirator.
3. **DO NOT** use the respirator with beards or other facial hair that interferes with direct contact between the face and the edge of the respirator, or any other conditions that may prevent a good face-seal.
4. Some of these respirators offer relief from the irritating effects of gases/vapors at nuisance levels (i.e. levels less than the OSHA PEL). Respirators against **nuisance odors/organic vapors** are so designated by the mark "**OV**" on the respirator's packaging and/or on the respirator. Respirators against **nuisance acid gases** (e.g. Hydrogen fluoride, Chlorine) are so designated by the mark "**AG**" on the respirator's packaging and/or on the respirator. **DO NOT use if levels exceed the PEL.**

Warning

This respirator helps protect against certain contaminants. It may not eliminate the risk of contracting disease or infection. Misuse may result in sickness or death.

Materials which may come into contact with the wearer's skin could cause allergic reactions to susceptible individuals.