

PICK ON SOMEONE YOUR OWN SIZE

With our sizing options, fitting in is as easy as putting on Velero® sneakers. Our Tenacious Work Gear® comes in a wide variety of sizes and styles. So put those middle school memories to rest. No more sitting alone at lunch 'cause your parents wouldn't spring for "The Rachel" or your Tamagotchi went through the wash. Size up right, here or on www.ergodyne.com.

ProFlex® Gloves	ProFlex® Wrist Supports	ProFlex® Wrist Wraps	ProFlex® Elbow Supports	Ergodyne® Knee Sleeves
Measure around the palm. DO NOT include the thumb area. Use the size chart across the bottom of this page to double check your size choice.	Measure around the smallest part of the wrist.	Measure around the smallest part of the wrist.	In a relaxed position, measure around the widest area of the forearm just below the elbow. For best fit, an elbow support should sit about 2-3 finger widths below the elbow crease.	Measure around the center of the knee with the knee extended.

SIZE:	FITS HANDS:	FITS WRISTS:	FITS WRISTS:	FITS ELBOWS:	FITS KNEES:
X-Small	Sz. 6: up to 7" (18 cm)	-----	-----	up to 9" (23 cm)	12-13" (31-33 cm)
Small	Sz. 7: 7-8" (18-20 cm)	up to 6" (15 cm)	-----	9-10" (23-25 cm)	13-14" (33-36 cm)
Medium	Sz. 8: 8-9" (20-23 cm)	6-7" (15-18 cm)	-----	10-11" (25-28 cm)	14-15" (36-38 cm)
Large	Sz. 9: 9-10" (23-25 cm)	7-8" (18-20 cm)	-----	11-12" (28-30 cm)	15-16" (38-41 cm)
X-Large	Sz.10: 10-11" (25-28 cm)	8" and over (20 cm)	-----	12-13" (30-33 cm)	16-18" (41-46 cm)
2XLarge	Sz.11: 11-12" (28-30 cm)	-----	-----	13-16" (33-36 cm)	18-20" (46-51 cm)
3XLarge	Sz.12: 12-13" (30-32 cm)	-----	-----	-----	-----
4XLarge	-----	-----	-----	-----	-----
S/M	-----	-----	5-7" (15-19 cm)	-----	-----
L/XL	-----	-----	7-9" (19-23 cm)	-----	-----

TREX™ Ice Traction
Use shoe or boot size to determine the appropriate size. TREX™ Ice Traction should fit snugly.



	6300			6310			6304 // 6320			6315		
SIZE:	USM	UK	EU	USM	UK	EU	USM	UK	EU	USM	UK	EU
Small	-----	-----	-----	-----	-----	-----	5-7	4.5-6.5	37-40	5-7	4.5-6.5	37-40
Medium	5-8	4.5-7.5	37-41	5-8	4.5-7.5	37-41	7-9	6.5-8.5	40-42	7-9	6.5-8.5	40-42
Large	8-11	7.5-10.5	41-44	8-11	7.5-10.5	41-44	9-11	8.5-10.5	42-44	9-11	8.5-10.5	42-44
X-Large	11-15	10.5-14.5	44-48	11-14	10.5-13.5	44-47	11-14	10.5-13.5	44-47	11-14	10.5-13.5	44-47
2XLarge	15-18	14.5-17.5	48-51	-----	-----	-----	-----	-----	-----	-----	-----	-----
3XLarge	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----



ProFlex® Back Supports
Measure around the waist. A support should fit snugly, but not so tightly that it cannot be cinched firmly when ready to lift.



N-Ferno® Base Layer Bottoms
Use standard waist size measurement.



N-Ferno® Base Layer Shirts
Individually sized M, L, XL, 2XL, 3XL and follow standard sizing.



N-Ferno® Outerwear Jacket
Bring tape measure around the widest part of your chest, under your arms, completely around your torso.



N-Ferno® Outerwear Bibs
Use standard waist size measurement.

SIZE:	FITS WAISTS:	FITS WAISTS:	FITS CHEST SIZE:	FITS CHEST SIZE:	FITS WAISTS:
X-Small	Up to 25" (64 cm)	-----	-----	-----	-----
Small	25-30" (64-76cm)	-----	-----	-----	-----
Medium	30-34" (76-86cm)	31-34" (79-86cm)	38-41" (97-104cm)	36-38" (91-97 cm)	37" (94 cm)
Large	34-38" (86-97cm)	34-37" (86-94cm)	41-44" (104-112cm)	38-42" (97-107 cm)	40" (102 cm)
X-Large	38-42" (97-107cm)	37-40" (94-102cm)	44-47" (112-119cm)	42-46" (107-117 cm)	43" (109 cm)
2XLarge	42-46" (107-117cm)	40-44" (102-112cm)	47-50" (119-127cm)	46-50" (117-127 cm)	47" (119 cm)
3XLarge	46-52" (117-132cm)	44-48" (112-122cm)	50-53" (127-135cm)	50-54" (127-137 cm)	51" (130 cm)
4XLarge	52-58" (132-147cm)	-----	-----	-----	-----



GloWear® Hi-Vis Shirts
T-Shirt, Polo Shirt, and Sweatshirt are individually sized S, M, L, XL, 2XL, 3XL, 4XL, 5XL and follow standard sizing.



GloWear® Hi-Vis Vests
Vests & Vests w/Sleeves are sold in combined sizes: S/M, L/XL, 2XL/3XL, and 4XL/5XL. *Note: 8240HL is available in M/L and XL/2XL only.



GloWear® Pants 8910/8911
Use standard waist size measurement.



GloWear® Pants 8915/8925
Use standard waist size measurement.



GloWear® Jackets
Bring tape measure around the widest part of your chest, under your arms, completely around your torso.

SIZE:	FITS CHEST SIZE:	FITS CHEST SIZE:	FITS WAIST SIZE:	FITS WAIST SIZE:	FITS CHEST SIZE:
Small	34-36" (86-91 cm)	-----	-----	Up to 30" (76 cm)	34-36" (86-91 cm)
Medium	36-38" (91-97 cm)	-----	-----	30-34" (76-86 cm)	36-38" (91-97 cm)
Large	38-42" (97-107 cm)	-----	-----	34-38" (86-97 cm)	38-42" (97-107 cm)
X-Large	42-46" (107-117 cm)	-----	-----	38-42" (97-107 cm)	42-46" (107-117 cm)
2XLarge	46-50" (117-127 cm)	-----	-----	42-46" (107-117 cm)	46-50" (117-127 cm)
3XLarge	50-54" (127-137 cm)	-----	-----	46-48" (117-123 cm)	50-54" (127-137 cm)
4XLarge	54-58" (137-147 cm)	-----	-----	48-50" (123-127 cm)	54-58" (137-147 cm)
5XLarge	58-62" (147-157 cm)	-----	-----	50-54" (127-137 cm)	58-62" (147-157 cm)
S/M	-----	36-44" (91-112 cm)	Up to 40" (102 cm)	-----	-----
M/L (8240HL only)	-----	40-48" (102-123 cm)*	-----	-----	-----
L/XL	-----	44-52" (112-132 cm)	40-46" (102-117 cm)	-----	-----
XL/2XL (8240HL only)	-----	48-56" (123-142 cm)*	-----	-----	-----
2XL/3XL	-----	52-58" (132-147 cm)	46-52" (117-132 cm)	-----	-----
4XL/5XL	-----	58-64" (147-163 cm)	52-58" (132-147 cm)	-----	-----

For full sizing of all Ergodyne items, visit www.ergodyne.com



Chill-Its® Cooling Vest 6665
Bring tape measure around the widest part of your chest, under your arms, completely around your torso.



Chill-Its® Cooling Vest 6685
Bring tape measure around the widest part of your chest, under your arms, completely around your torso.



Chill-Its® Phase Change Vests
Bring tape measure around the widest part of your chest, under your arms, completely around your torso.



Arsenal® Synthetic Rigs
Choose your synthetic belt size based on your pant waist size.

SIZE:	FITS CHEST SIZE:	FITS CHEST SIZE:	FITS CHEST SIZE:	FITS WAIST SIZE:
X-Small	-----	-----	-----	-----
Small	-----	-----	32-40" (81-102 cm)	-----
Medium	36-38" (91-97 cm)	38-41" (97-104 cm)	32-40" (81-102 cm)	-----
Large	38-42" (97-107 cm)	41-44" (104-112 cm)	40-52" (102-132 cm)	29-38" (74-97cm)
X-Large	42-46" (107-117 cm)	44-47" (112-119 cm)	40-52" (102-132 cm)	36-44" (91-112cm)
2XLarge	46-50" (117-127 cm)	47-50" (119-127 cm)	-----	42-49" (107-125cm)
3XLarge	50-54" (127-137 cm)	50-53" (127-135 cm)	-----	-----
4XLarge	-----	53-56" (135-142 cm)	-----	-----

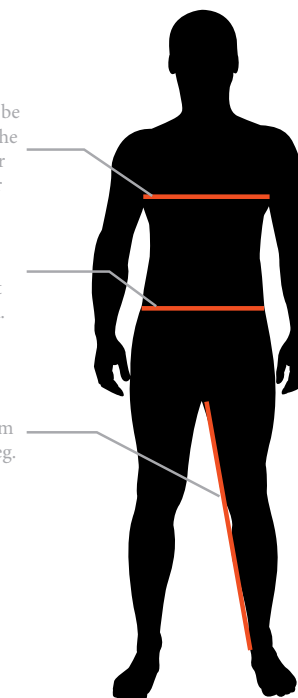
SIZE UP THE SITUATION

Improperly sized gear is a prime cause of heartache and sadness. Remember when you showed up at school wearing high-wa-ter pants? Of course that's nothing com-pared to the crack-tacular combination of too-short shirt and too-loose pants. Don't let these calamities occur. Your gear will be more effective and comfortable if you choose appropriate sizes.

CHEST: Measurement should be taken around the fullest part of the chest with arms down, just under the arms and across the shoulder blades.

WAIST: Measure around waist (not pulling tightly) at the height you prefer to wear the waistband.

INSEAM: Take a pair of pants that fit you well and measure from the crotch to the bottom of the leg.



WE STAND BEHIND EVERYTHING WE MAKE AND GUARANTEE OUR PRODUCTS TO BE FREE OF DEFECTS IN MATERIALS AND WORKMANSHIP TO THE ORIGINAL PURCHASER FOR THE LIFETIME OF THE PRODUCT. (DAMAGE, ABUSE, AND/OR NORMAL WEAR ARE NOT COVERED. DON'T LAWYERS JUST BRING YOU DOWN?)